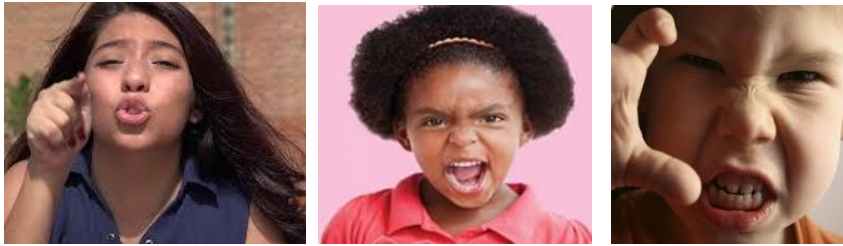




**PAC-UK**  
Adoption and Permanency Support

**Are you dealing with Child-to-Parent Violence or challenging behaviour? Is your child adopted or under a Special Guardianship Order?**



**Join our Online Non-Violent Resistance (NVR) Group 38  
Via Zoom**

**10 weekly sessions (except school holidays)**

**for Adoptive Parents and Special Guardians**

**of Children and Young People presenting  
Challenging, Destructive and Violent Behaviour**

**Mondays from 8.15pm – 9.45pm**

**September 16, 23 and 30 | October 7, 14, 21 | November 4, 11, 18, 25  
| December 2 (Support Group)**

**(We will be coordinating with the different ½ terms over the country and may adapt the above)**

***Plus 1 initial consultation meeting + 1 end review meeting and report per participant or couple***

**Participants will learn to:**

- Take a firm stance against violence
- Hold back from physical or verbal violence
- Increase positive presence in your child's life
- De-escalate conflicts
- Break the cycle of shame and silence
- Make changes in relating to your child in the long term
- Reduce distress for parent and child
- Feel more in control
- Recruit and use supporters
- Enjoy the benefits of being part of a group

**Feedback from 2 parents from earlier courses**

**'There has been no advice as valuable as the ideas and delivery of this course, even if some of it seems alien – hang on in there.'**

**'Exceptionally good, knowledgeable, and experienced course facilitators. Every adoptive family needs these people. Top marks.'**

## The facilitators

**Joanna Parker** is a UKCP registered Integrative Arts Psychotherapist MA, qualified supervisor and trainer. She has worked clinically with both adults and children in a range of settings for the past fifteen years. Joanna was the Young Oasis Lead for a ten-year period, managing a multi-disciplinary team supporting families impacted by drug or alcohol misuse. Joanna joined the Child and family team at PAC-UK in December 2018; she works therapeutically with families integrating the principles of Dyadic Developmental Psychotherapy (DDP) and Theraplay into her practice. Joanna has been involved with NVR groups since joining PAC-UK and has completed her level 2 NVR training for professionals.

**Sylvia Tetris** – is a Parent Graduate with lived experience of implementing NVR. Sylvia has completed NVR Level 1 and NVR Level 2 and is registered with NVR UK.

*Parent Graduate with lived experience of dealing with challenging behavior and implementing NVR - Participants have found it invaluable to have Parent Graduate Facilitators with lived experience (been there and got the t-shirt) as an integral part of the NVR team.*

## Booking Information **PLACES ARE LIMITED - PLEASE ACT SWIFTLY**

Cost: £2,520 + VAT per individual;    £4,050 + VAT per couple    Book online: [www.pac-uk.org/cpv](http://www.pac-uk.org/cpv)

### Payment via the Adoption Support Fund (ASF):

#### Adoptive Parents and Special Guardians

- Please register your *expression of interest* by emailing [cpv@pac-uk.org](mailto:cpv@pac-uk.org)
- *Please approach your local authority as soon as possible, sending them this flyer.* They must apply for ASF funding. Please include social worker/ support team contact details in your expression of interest email.

#### Social workers

- Please register your *expression of interest* for parents to attend by emailing [cpv@pac-uk.org](mailto:cpv@pac-uk.org)
- It is then crucial that you *apply to the ASF as a matter of urgency.* We will send you a **breakdown of costs** to facilitate the ASF application. We will also ask you to complete a *referral form* so we have some information about the family's situation.
- *Once you have submitted the application* to the ASF please *complete the online booking form* at [www.pac-uk.org/cpv](http://www.pac-uk.org/cpv) and **select 'Invoice'** for 'Payment Type' and **'ASF – PON to follow'** (Purchase Order No) unless already known. This will mean that a place will be held for the parent.

### Paying Privately

- Please register your *expression of interest* by emailing [cpv@pac-uk.org](mailto:cpv@pac-uk.org) We will get back to you at the earliest opportunity.

If you have any questions about this online group, please call 0300 1800 085  
or email us: [cpv@pac-uk.org](mailto:cpv@pac-uk.org)

