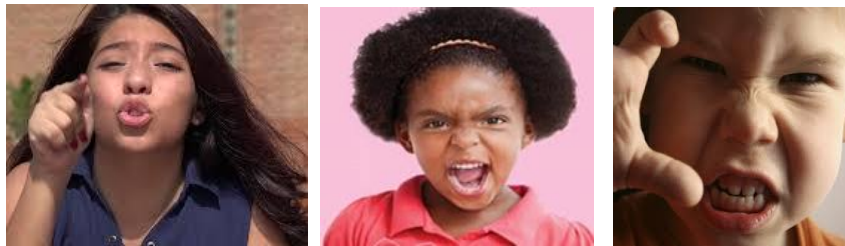




PAC-UK
Adoption and Permanency Support

Are you dealing with Child-to-Parent Violence or challenging behaviour? Is your child adopted or under a Special Guardianship Order?



**Join our Online Non-Violent Resistance (NVR) Group 38
Via Zoom**

10 weekly sessions (except school holidays)

for Adoptive Parents and Special Guardians

**of Children and Young People presenting
Challenging, Destructive and Violent Behaviour**

Wednesdays from 12.30pm – 2pm

**September 18, 25 | October 2, 9, 16, 23 | November 6, 13, 20, 27
| December 11 (Support Group)**

(We will be coordinating with the different ½ terms over the country and may adapt the above)

Plus 1 initial consultation meeting + 1 end review meeting and report per participant or couple

Participants will learn to:

- Take a firm stance against violence
- Hold back from physical or verbal violence
- Increase positive presence in your child's life
- De-escalate conflicts
- Break the cycle of shame and silence
- Make changes in relating to your child in the long term
- Reduce distress for parent and child
- Feel more in control
- Recruit and use supporters
- Enjoy the benefits of being part of a group

Feedback from 2 parents from earlier courses

'There has been no advice as valuable as the ideas and delivery of this course, even if some of it seems alien – hang on in there.'

'Exceptionally good, knowledgeable, and experienced course facilitators. Every adoptive family needs these people. Top marks.'

The facilitators

Charlene Campbell: PTUK qualified Play Therapist, registered with BACP. Charlene has worked with children and young people for 20 years. Some of this time has been spent helping primary aged children break down barriers to learning within an educational context. This consisted of delivering sessions to groups of young people to help tackle difficulties such as self-esteem, confidence, bullying and friendship. She has spent several years working with Looked-After Children who display extremely challenging behaviours and have social and emotional difficulties. Charlene currently works as a play therapist, supporting children/young people to improve their mental health-and-wellbeing and also families and schools, who need advice about difficulties experienced by their pupils. Charlene has completed her Level 3 NVR training for professionals and delivers NVR to groups and to individual parents. She is a Certified Theraplay© Practitioner, has trained in Dyadic Developmental Psychotherapy and is also a BUSS Practitioner in Training.

Tanya Killick: qualified Social Worker and Practice Manager. Tanya co-leads Adoptees (formerly AT-iD Project), an innovative pilot project designed and led by teenage adoptees, aimed at building friendships and giving teens a space to be themselves. Tanya is passionate about enabling adoptees to have a voice on the issues that matter to them, to improve understanding and the way we work to support people affected by adoption. Tanya supports adoptive families through PAC-UK's Child to Parent Violence (CPV) Programme co-facilitating PAC-UK's CPV Parent Groups, and delivering PAC-UK's CPV Programme to individual families. Tanya has completed training in Non Violent Resistance (NVR) Level 1 and Level 2, Dyadic Developmental Psychotherapy (DDP) Level 1 and enjoys the non-judgmental use of PACE when working with people affected by trauma.

Parent Graduate with lived experience of dealing with challenging behavior and implementing NVR - Participants have found it invaluable to have Parent Graduate Facilitators with lived experience (been there and got the t-shirt) as an integral part of the NVR team.

Booking Information **PLACES ARE LIMITED - PLEASE ACT SWIFTLY**

Cost: £2,520 + VAT per individual; £4,050 + VAT per couple Book online: www.pac-uk.org/cpv

Payment via the Adoption Support Fund (ASF):

Adoptive Parents and Special Guardians

- Please register your *expression of interest* by emailing cpv@pac-uk.org
- *Please approach your local authority as soon as possible, sending them this flyer.* They must apply for ASF funding. Please include social worker/ support team contact details in your expression of interest email.

Social workers

- Please register your *expression of interest* for parents to attend by emailing cpv@pac-uk.org
- It is then crucial that you *apply to the ASF as a matter of urgency.* We will send you a **breakdown of costs** to facilitate the ASF application. We will also ask you to complete a *referral form* so we have some information about the family's situation.
- *Once you have submitted the application* to the ASF please *complete the online booking form* at www.pac-uk.org/cpv and select 'Invoice' for 'Payment Type' and 'ASF – PON to follow' (Purchase Order No) unless already known. This will mean that a place will be held for the parent.

Paying Privately

- Please register your *expression of interest* by emailing cpv@pac-uk.org We will get back to you at the earliest opportunity.

If you have any questions about this online group, please call 0300 1800 085
or email us: cpv@pac-uk.org

